

## TERME



### Grand Hotel Delle Terme \*\*\*\*

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### Benefits of the Thermal Waters

The bromo-iodice waters are widely used in thermal treatments in otolaryngology, gynecology, vascular therapies and in other sectors of thermal medicine. In diseases of the respiratory tract it can be considered effective in the therapeutic strategy of sinus inflammations recurrent and chronic, stimulates vasodilation and mucus secretion. From the therapeutic point of view, are best known for their anti-inflammatory action. Another important use of thermal therapies is in case of diseases of the musculoskeletal system, such as chronic inflammatory arthropathy and traumatic aftermath, used in the preparation of balneotherapy and thermal mud. It was also observed a therapeutic endocrine action related to the use of this type of water, at the level of the female genitalia. Benefits are also observed in pathologies caused by chronic inflammatory processes and in the aftermath of surgery and in the presence of vascular diseases such as in lymphatic and venous stasis syndromes and the aftermath of phlebitis. As far as the skin is concerned, thanks to its hypotonia, the salsobromoiodic water triggers an exchange of liquids (by osmosis) with the more internal layers, with a decisive preponderance of exiting liquids.



### Mud Bath Therapy

This treatment is useful for various rheumatic diseases such as osteoarthritis, tendonitis, lumbago, arthritis and osteoporosis.

### Bathing Therapy

It's one of the most common forms of use of thermo-mineral waters, in fact the curative factors are related to both temperature and mineral properties of the mineral water itself. The treatments are used for both rheumatic diseases and skin diseases.



### Vaginal irrigation

Thermal therapy currently has a key role in the treatment of many diseases of the female genitalia.

### Vasculopathy

This is used to treat vascular diseases.

### Inhalations, Aerosol, insufflations

The salso-bromiodic thermal water has mucolytic-fluidizing action on the mucous membranes of the respiratory tract. In fact it is used to treat rhinitis, sinusitis, bronchial syndromes, deafness, ear infections, laryngitis.



### Thermal Grotto

It is space saturated with thermal steam that represent an important addition to the mud therapy in the treatment of rheumatic diseases.



### Beauty Farm

Facial Treatments, Body Treatments, Beauty Treatments.

**NB.** All thermal treatments are co-funded with the National Health Service. Therefore, by paying the national health ticket, it is possible to use the thermal cures cycle throughout the year, according to your GP prescription.